

## FACULTY

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### ASA Guest Speaker by "Zoom Presentation"

### Linda J. Mason, M.D., FASA

President-Elect  
American Society of Anesthesiologists

## TUITION & REGISTRATION

### • ADVANCE REGISTRATION:

• **Two Day Fees:** NESA/CSSA Members: \$345 ~ Non-Members: \$425 ~ CRNAs: \$350 ~ Interns/Residents: \$75 (with letter from director of training program)

• **One Day Fees:** NESA/CSSA Members: \$175 ~ Non-Members: \$215 ~ CRNAs: \$180 ~ Interns/Residents: \$50 (with letter from director of training program)

• **FIRST TIME REGISTRANTS:** attending within four years of completion of training are eligible for a one time reduced registration fee of \$170 for 2 days ~ \$100 for 1 day.

• **Physicians can join NESA today for \$50 to receive member rates.**

• **TUITION PAYMENT:** By check in advance. Credit card registration in advance/on site at registration. No late fees if registering in advance and paying on site with credit card.

**LATE REGISTRATION:** After September 13, 2018, tuition will be stated fee plus \$50.

**CANCELLATION POLICY:** Full refund if request is received by August 20, 2018. Fifty percent (50%) tuition refund if received after August 21, and before September 13, 2018. No refund if request is received after September 14, 2018.

**QUESTIONS?** Please contact NESA if you have any questions (508-866-1144) or [NESABOX1@verizon.net](mailto:NESABOX1@verizon.net).

**DOWNLOADS:** To download flyer and registration form: [www.nesa.net](http://www.nesa.net)



*New England Society  
of Anesthesiologists*

[www.nesa.net](http://www.nesa.net)

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## Join us in New England 61<sup>st</sup> ANNUAL NESA FALL CONFERENCE



*New England Society  
of Anesthesiologists*



Jointly Provided by  
The Albert Einstein College of Medicine and  
The New England Society of Anesthesiologists, Inc.

Supported by an educational grant from Pacira Pharmaceuticals

**SEPTEMBER 20-23, 2018**

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**HOME and AWAY:  
Topical Updates  
in Perioperative Medicine, OB, Sepsis,  
Pain Treatment and Global Medicine**

**Salvatore J. Basta, M.D., Academic Chair, NESA**  
Assistant Professor of Anaesthesia, Harvard Medical School @ MGH  
Chief of Anesthesiology and Medical Director of Day Surgery  
MG/NS Center for Outpatient Care, Danvers, MA



## GOALS / OBJECTIVES

**NESA 61** addresses the following gaps: gaps that affect physician performance that may impede patient care. Actionable working knowledge of Peri-operative surgical home in design and implementation of peri-operative pathways. Algorithmic approach to shared care. For pre-, intra-and post-op team management. Same for approach to high risk, cognitively impaired patients. For all anesthesiologists participating in obstetric care: 1) Knowledge of opioid abuse and maternal and fetal implications by learning and using an Opioid Use Disorder Bundle and relevant and appropriate anesthesia management; 2) To become knowledgeable and understanding of new VTE thromboprophylaxis guidelines to be used in the decision-making process regarding neuraxial anesthesia. Review the epidemiology of persistent post-op pain and its effects on patients. The current thinking of mechanisms of causation and how design appropriate pre-, intra-and post-op strategies for practicing anesthesiologists and pain management caregivers. For intensivists and critical care-anesthesiologists; learn, review and critically appraise the updated Sepsis-3 definition and guidelines and recommendations for improving outcomes and decreasing mortality in sepsis. The OR anesthesiologist with the knowledge to care for patients now and to integrate new findings into care pathways. For all healthcare workers: The great need for improving and sustaining improvement in global healthcare will be described. Instill energy in those wishing to participate and inform how to start and suggest pathways and organizations to sustain and grow the global health community from one who has walked the walk.

The Interactive Interscalene Brachial Plexus & Fascial Plane Workshop is intended for anesthesiologists of all skill levels who wish to improve their skills at performing ultrasound-guided interscalene brachial plexus block, as well as fascial plane blocks (transversus abdominis plane (TAP), rectus sheath, quadratus lumborum (QL), pectoralis (PECS I & II, serratus plane block), and fascia iliaca plane block), as well as ultrasound-guided infiltration techniques for knee surgery. The workshop focuses on the effective and safe use of a variety of local anesthetics (including liposomal bupivacaine) in these regional anesthetic techniques, including proper method of administration, admixing with bupivacaine HCl, appropriate volumes and concentrations of these local anesthetics, and tips and tricks on the perioperative management of patients who undergo these blocks. This interactive workshop will feature small participant-

to-instructor ratios and customized curriculum focusing on developing hands-on skills. Each technique will be taught by experienced instructors using dynamic multimedia presentations, live demonstrations, state of the art 3D virtual cadaver imaging and guided hands-on live model scanning.

### Accreditation Statement:

The activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Albert Einstein College of Medicine and the New England Society of Anesthesiologists (NESA). Albert Einstein College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### Credit Designation Statement:

Albert Einstein College of Medicine designates this live activity for a maximum of *10.5 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in this activity.

9.5 credits meet the criteria of the Massachusetts Board of Registration in Medicine for risk management study.

Maintenance of Certification in Anesthesiology<sup>™</sup> program and MOCA<sup>®</sup> are registered trademarks of The American Board of Anesthesiology<sup>®</sup>.

MOCA 2.0<sup>®</sup> is a trademark of The American Board of Anesthesiology<sup>®</sup>.

This activity contributes to the patient safety CME requirement for the CME component of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology Program<sup>™</sup> (MOCA<sup>®</sup>) program, known as MOCA 2.0<sup>®</sup>. Please consult the ABA website, [www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements."

## AGENDA

### Thursday, September 20, 2018

- 3:00 pm **Registration** – Lobby
- 6:00 pm **Cocktail Reception** – Mystic Foyer
- 7:00 pm **Buffet Dinner** – Mystic Salon A  
**ASA Update**  
*Linda J. Mason, M.D. FASA  
President-Elect, ASA (Zoom Presentation)*
- 9:15 pm **NESA Annual Meeting** – Mystic Salon C

## AGENDA

### Friday, September 21, 2018

- 7:30 am **Coffee/Registration** – Mystic Salon D
- 8:00 am **Welcome** – Mystic Salon A  
**Daniel O'Brien, M.D.**  
**NESA President, Moderator**
- 8:10 am **The Anesthesiologist and the Perioperative Surgical Home** (.5 CME) (MOCA<sup>®</sup>)  
Angela Bader, M.D., MPH
- 8:40 am **Opioid and Other Substance Abuse in Pregnancy: Strategies for Success** (.5 CME) (MOCA<sup>®</sup>)  
Lisa Leffert, M.D.
- 9:10 am **Multimodal Analgesia-Can It Prevent the Development of Chronic Post-Operative Pain?** (.5 CME) (MOCA<sup>®</sup>)  
Paragi Rana, M.D.
- 9:40 am **Coffee Break** - Mystic Salon D
- 10:20 am **A Focused Update on Sepsis: Impact of Sepsis-Three Recommendations** (.5 CME) (MOCA<sup>®</sup>)  
Abraham Sonny, M.D.
- 10:50 am **David M. Little, M.D. Memorial Lecture Anesthesia-From the Ether Dome to Sub Saharan Africa** (1 CME) (MOCA<sup>®</sup>)  
Lena E. Dohlman, M.D., M.P.H.
- 12:00 pm **Meeting Adjourns** - Free time  
NESA Golf tournament - *Shennecossett Golf*  
Walk race – Bluff Point State Park  
Sightseeing, shopping, etc.

### Dinner – On Own -- Be sure to plan ahead to be back for the 8:30pm Cracker Barrel Session

- 8:30 pm to 10:15 pm **Cracker Barrel Session** - Mystic Salon A (1.75 CME) (MOCA<sup>®</sup>)  
An interactive session between speakers from both days and meeting participants  
Salvatore J. Basta, MD, Moderator  
Questions/Answers – Speaker Panel  
Refreshments

### Saturday, September 22, 2018

- 6:15 am **5K Fun Run** – Bluff Point State Park
- 8:20 am **Introduction** – Mystic Salon A  
Peng Xiao, M.D., NESA Vice President, Moderator
- 8:30 am **The Anesthesiologist's Role in Shared Decision Making** (.5 CME) (MOCA<sup>®</sup>)  
Angela Bader, M.D., MPH.

- 9:00 am **Increased Use of Heparin for VTE Prophylaxis: What Does That Mean for Neuraxial Anesthesia?** (.5 CME) (MOCA<sup>®</sup>)  
Lisa Leffert, M.D.
- 9:30 am **Methadone, Suboxone, Naltrexone? Managing the Patient with a Substance Use Disorder** (.5 CME) (MOCA<sup>®</sup>)  
Paragi Rana, M.D.
- 10:00 am **Coffee Break** – Mystic Salon D
- 10:45 am **Early Detection of Sepsis and Infection: What is New?** (.5 CME) (MOCA<sup>®</sup>)  
Abraham Sonny, M.D.
- 11:15 am **Post-Lecture Panel** (.75 CME) (MOCA<sup>®</sup>)  
Peng Xiao, M.D., Moderator  
Questions/Answers – Speaker Panel
- 11:30 -1pm **Connecticut State Society of Anesthesiologists Annual Meeting** – Conference Room #5  
Open to CSSA Members
- Noon **Workshop Luncheon Buffet** - Mystic Salon D
- 1-4:10pm **Welcome, Introduction & Overview of the Workshop Agenda** (MOCA<sup>®</sup>) **Matching the Block Duration to the Pain Burden: Interactive Interscalene Brachial Plexus & Fascial Plane Workshop** (3.0 CME)
- 1:10pm **Analgesic Challenges and the Rational Use of Local Anesthetics for Interscalene Brachial Plexus Block and Fascial Plane Blocks** (MOCA<sup>®</sup>)  
Jeff Gadsden, M.D., FRCPC, FANZCA
- 1:30pm **Transversus Abdominis Plane Blocks (Classic & Subcostal), Rectus Sheath Blocks, and fascia iliaca Plane Block** (MOCA<sup>®</sup>)  
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning
- 2:15pm **PECS I, PECS II, Serratus Plane Block** (MOCA<sup>®</sup>)  
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning
- 3:15pm **Quadratus Lumborum Block, Posterior Capsule Infiltration (iPACK)** (MOCA<sup>®</sup>)  
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning
- 4:00pm **Final comments and adjourn** (MOCA<sup>®</sup>)
- 6:00 pm **Reception** – Mystic Ballroom
- 7:00 pm **Annual Banquet** – Mystic Ballroom  
Awarding of Prizes - Installation of Officers